Who is going to Kuffu this year, and when are you going?

We will be going to Kuffu on the 10th July and return on the 20th July this year there are 11 people going from 4 churches from Brandon Church Ken, Val and Jason. From Mildenhall Church Bishop Vally and three others (names unknown). From Thetford Church Stu and finally from Grace Community Church Andrew, Susan and Linda.

What will the travel to Kuffu be like, and what's your accommodation while you're there?

We will be flying from Heathrow, with one stop at Dubai then on to Entebbe we will be collected by minibus and taken to Kampala. Our accommodation will be a Christian guesthouse.

What's the weather likely to be like-is it very hot? What about the food? What are the likely changes since you was last there?

The weather will be hot with possible downpours. The main food eaten by us will be rice, beans, potatoes and matoke (green banana) these are staple food crops of Uganda. The main changes we will see, will be the start of the medical centre, and the construction of the CCL classrooms, these classrooms are for young girls who left education due to having babies. So they are now given the opportunity to continue with education and gain practical skills, these classrooms are sponsored by Jaja Ann.

Tell us please, about some of the people you're particularly looking forward to meeting again?

We are looking forward to seeing Pastor Samuel and his family and Alex and his family, whom we helped with finances when his wife was due to have their first baby so she was able to give birth in a hospital.

What stage do you think the new clinic building (that we are supporting) will be at? Is there a completion date?

We are hopeful that the building will be up to roof height, unsure as to a completion date.

Do you work at all while you are there? Preaching, teaching, serving food or cleaning up?

Yes we will all serve in different capacities. Andrew, Ken, Val and Bishop Vally will preach and teach. Linda and Susan will work with children and young adults in the CCL classrooms. Others will help with various practical jobs on site.

What are the risks, the things that you worry about-can we pray for these? We take as many practical precautions as possible for health by having injections against various diseases but would appreciate prayer for health and wellbeing. Please also pray for general safety when travelling.



July Newsletter 2019

Kuffu Special

As you will be aware we have been supporting Care for Kuffu for a number of years now and this year we have been raising money for a medical centre, a very generous benefactor donated the £15,000 required for the building so now we can continue to raise money for equipment and staff.

Andrew, Susan and nine others will be going out to Kuffu in July with that in mind we thought it would be good to find out a little more about their trip (please see the back page.)



Day one and the trenches for the footings are going in, is that the foreman I see \odot



Day two and the ground works are taking shape



The finished ground works parents of the children came and helped with the works so it was all hands on deck or grounds works should I say

What's on this month July 2019

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
1.	2 Andrew at the classroom/office 07.30 - 15.00 • Prayer Meeting 19.30-21.00	3. Home Group 13.30-15.30 Home Group 19.00-21.00	4. Andrew at the classroom/office 07.30 - 15.00 • Home Group 19.30-21.30	5.	6	7. Prayer meeting 10.00. Sunday Service 11.00. Communion
8.	9. Andrew at the classroom/office 07.30 - 15.00 • Prayer Meeting 19.30-21.00	10. Home Group 13.30-15.30 Home Group 19.00-21.00	11.	12.	13.	14. Prayer meeting 10.00. Sunday Service 11.00
15.	162 Prayer Meeting 19.30- 21.00	17. Home Group 13.30-15.30 Home Group 19.00-21.00	18.	19.	20.	21. Prayer meeting 10.00. Sunday Service 11.00 Communion
22.	23. Andrew at the classroom/office 07.30 - 15.00 • Prayer Meeting 19.30-21.00	24. Home Group 13.30-15.30 Home Group 19.00-21.00	25. Andrew at the classroom/office 07.30 - 15.00 • Home Group 19.30-21.30	26.	27.	28. Prayer meeting 10.00. Sunday Service 11.00
29.	30 Andrew at the classroom/office 07.30 - 15.00 • Prayer Meeting 19.30-21.00	31. Home Group 13.30-15.30 Home Group 19.00-21.00				

Opportunities to Serve!

Sunday Morning Prayer Meeting 10.00:

please come along and find Andrew

Refreshments:

If you would like to join us for prayers each Sunday Morning If you can help by preparing and serving refreshments before and after worship please speak to Caroline or Susan

Welcome Team:

Do you have good people skills? We are always on the lookout for people to join in welcoming people. Have a word with Gill or Jill

Home Groups:

We currently have a variety of home groups would you like to meet with like-minded people to encourage one another, do some bible study and spend time together in prayer, speak to Andrew for details.

Children's Sunday Groups:

There are some current opportunities to help with our children's Sunday morning groups. If you would like to get involved please speak to Susan.

Set up pack away:

Do you want to be part of the 'supa' team, Set Up and Pack Away! For more details please speak to Clive.

Serving within the church can be like a jigsaw where will you fit in. If you feel you are able to help don't be shy we have lots of opportunities for you.

